the project br.

FREE. CONFIDENTIAL. ANY HOUR.

Need help?
Scan here.

Free local help in all 67 Alabama counties

Shelter, food, rent and power help. Crisis and recovery lines. Veterans, LGBTQ+ youth, legal aid and Spanish-language help.

911
Emergency or overdose

988
Crisis or suicide. Call or text. Spanish: press 2

211
Shelter, food, rent, bills

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